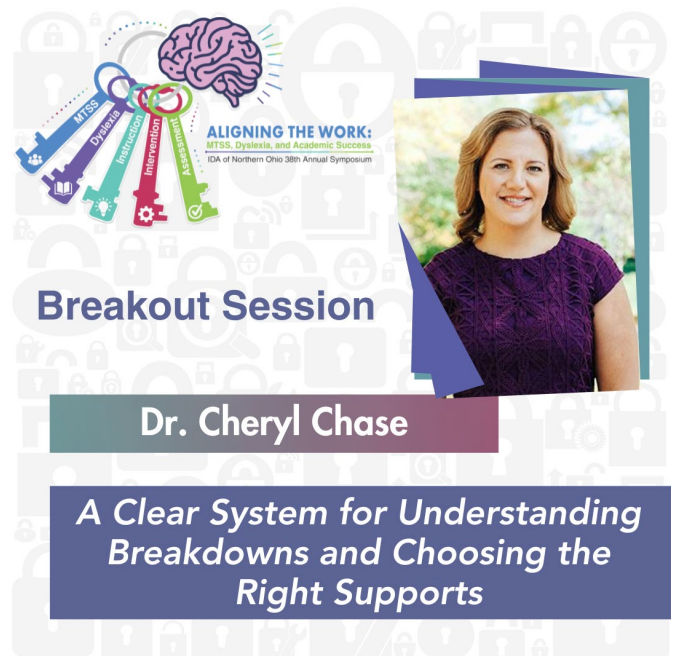


ABOUT THE PRESENTATION:

Executive function and working memory challenges often show up as inconsistency, slowing, avoidance, emotional reactivity, or “not following through.” These behaviors are not motivational problems—they are SIGNALS™ that a student’s cognitive systems are strained and struggling to meet the demands of the moment. This session introduces a practical, brain-based system that helps families and educators recognize what EF/WM breakdowns look like, understand why they happen, and know which strategy families to draw from. Participants will learn the Fix the Fit™ components: STREAMS™ (the cognitive systems behind performance), SIGNALS™ (the observable indicators of EF/WM strain and overload), and MyBEST™ (five evidence-aligned strategy families: Break It Down, Externalize It, Structure It, Target It, and Shift It). Attendees leave with a clear, compassionate, immediately usable framework for supporting children and teens at home and in school.



ALIGNING THE WORK:
MTSS, Dyslexia, and Academic Success
IDA of Northern Ohio 38th Annual Symposium

Breakout Session

Dr. Cheryl Chase

A Clear System for Understanding Breakdowns and Choosing the Right Supports

LEARNING OBJECTIVES:

1. Identify common behavioral SIGNALS™ that indicate executive function and working memory strain or overload.
2. Explain how STREAMS™ contribute to academic, organizational, and emotional challenges.
3. Apply MyBEST™ strategy families to real-world school and home tasks to improve clarity, follow-through, and independence.

ABOUT THE SPEAKER:

Cheryl Chase, PhD, is a licensed clinical psychologist near Cleveland, Ohio. Dr. Chase has thirty years of experience supporting children, teens, and adults with learning disabilities, ADHD, and other neurodiverse profiles, providing cognitive and learning evaluations, direct intervention, and practical guidance for individuals and families. Dr. Chase also consults nationally with schools and businesses to help them understand how cognitive systems shape learning, behavior, and everyday functioning. She is a sought-after international speaker, has been featured on SiriusXM Doctor Radio, delivered a TADD Talk for ADDA, and is a regular contributor for the leading LD/ADHD resource site ADDitude. Dr. Chase is an active member of the International Dyslexia Association, The Learning Disabilities Association of America, and the American Psychological Association. She is widely recognized for translating cognitive science into clear, usable strategies that help educators support diverse learners with confidence and clarity.